## Spring I 2025 March 3 – April 26

Pre-Registration: Monday, Feb. 10 Open Reg. begins Monday, Feb. 17

Davis Dance Project Concert: March 1 & 2

We will be open during Spring Break We like to celebrate with dance!

Save the Date – Sat, April 5 40<sup>th</sup> Anniversary Celebration!



<u>Spring II 2025</u> April 28 – June 14

Pre-Registration: Mon, April 7 – Sat, April 12 Open Reg. begins Mon, 14

> PTDT Spring Concert: May 3 & 4

## Spring I 2025

Celebrating 40 years of Dance in Davis!

Monday	Tuesday	Wednesday	Thursday	Fri	Saturday
	*	HIP HOP * JAZ	Z ★ K-POP ★		
PRE-HIP HOP (ages 6-8)					
4:00 - 4:45					
SL J.PreHH-M.h					
HIP HOP (Ages 9+)		K-POP (Ages 8-12)	BEGINNING JAZZ (T/A)		HIP HOP (Ages 9+) ★★
4:45 - 5:45 ★★★		4:45 - 5:45	6:30 - 7:30		11:00 - 12:00
SL J.HH-M.h		CC J.Kpop-W.h	PT JBeg-R.h		SL J.HH-S
ITERMEDIATE JAZZ (T/A		K-POP (Ages 13+)			PRE-HIP HOP (ages 6-8)
5:45 - 6:45	1	5:45 - 6:45			12:00 - 12:45 <b>*</b>
PT JInt-M.h		CC J.Kpop-W.h			SL J.PreHH-S
★ MODERI	N/CONTEMPORAR	Y * INTRO TO D	ANCE * IMPROV	* SECOI	ND WIND ★
			INT. SECOND WIND *		
			(free for adults 65+)		
			9:00 - 10:00am		
			PT 2WInt-R.f		
	SECOND WIND CHAIR CLASS		BEG. SECOND WIND 🛨		
	(free for adults 65+) ★		(free for adults 65+)		
	10:00 - 11:00am		10:00 - 11:00am		
	PT 2WBeg-R.f		PT 2WBeg-R.f		
			CONT. SECOND WIND 🛨		INTRO TO DANCE (ages 4
			(free for adults 65+)		11:30 - 12:15
			11:00 - Noon		HS C.Intro-S
		THIRD STAGE CO CLASS	PT 2WCont-R.f CONTEMPORARY LEVEL 2		
CONTEMPORARY 2-3 (Y)	CONTEMPORARY 1 (8+)	By audition only	(ages 8+)		IMPROV
4:30 - 5:45	4:45 - 5:45	4:45 - 5:45	4:30 - 5:30		11:30 - 12:30
PT <i>C</i> 23-M.p	PT <i>C</i> 1-T.p	PT <i>C</i> 1-W.h	PT C2-R.h		PT Improv-S
	CONTEMPORARY 2-3-4 (T/A)	CONTEMPORARY 1-2 (T/A)	APPRENTICE CO CLASS		What's Dance Improv? Lear
6:45 - 8:00	5:45 - 7:00	5:45 - 6:45	By audition only		the art of creating concert
PT <i>C</i> 45-M.p	PT C234-T.p	PT <i>C</i> 12-W.h	5:30 - 6:30		dance without prior rehears
	525		PT <i>C</i> 3 <i>S</i> -R.h		or advanced technical training
		CONTEMPORARY 3-4-5 (T/A)			PTDT REHEARSAL
		6:45 - 8:00			By audition only
		PT <i>C</i> 345-W.p			12:30 - 2:30 PT
* BELLY DAN	JCF * CARDIO *	DANCE FOR PD	* PILATES * ZEN	JTANGLE	
			ZENTANGLE ®	117111000	INTRO TO (Ages 6-10
		ZENTANGLE ®			
	CARDIO DANCE	ZENTANGLE ® 7:00 - 8:00pm	10:00 - 11:00am		THEATRE & IMPROV
	CARDIO DANCE 9:00 - 10:00am				THEATRE & IMPROV 10:00 - 11:00am
	CARDIO DANCE	7:00 - 8:00pm	10:00 - 11:00am		10:00 - 11:00am
	CARDIO DANCE 9:00 - 10:00am PT Cardio-T.h	7:00 - 8:00pm  AB Z-W.s  ★ Tuition only	10:00 - 11:00am  AB Z-R.s  ▼ Tuition only		10:00 - 11:00am
	CARDIO DANCE 9:00 - 10:00am PT Cardio-T.h  NEW! BEGINNING PILATES	7:00 - 8:00pm  AB Z-W.s  ★ Tuition only	10:00 - 11:00am AB Z-R.s		10:00 - 11:00am
	CARDIO DANCE 9:00 - 10:00am PT Cardio-T.h  NEW! BEGINNING PILATES 10:00 - 11:00am	7:00 - 8:00pm  AB Z-W.s  ★ Tuition only  ↑  Zentangle® Info	10:00 - 11:00am  AB Z-R.s  ▼ Tuition only		10:00 - 11:00am MK Th.S.P
	CARDIO DANCE 9:00 - 10:00am PT Cardio-T.h  NEW! BEGINNING PILATES 10:00 - 11:00am GK Pilates-T.h	7:00 - 8:00pm  AB Z-W.s  ★ Tuition only   Tentangle® Info  Continuing students -	10:00 - 11:00am  AB Z-R.s  ▼ Tuition only  ↑  \$120 / New students - \$130		10:00 - 11:00am MK Th.S.I
TRIBAL FUSION	CARDIO DANCE 9:00 - 10:00am PT Cardio-T.h  NEW! BEGINNING PILATES 10:00 - 11:00am GK Pilates-T.h  DANCE FOR PARKINSON'S	7:00 - 8:00pm  AB Z-W.s  ★ Tuition only  ↑  Zentangle® Info  ♦ Continuing students -  A single intro class is	10:00 - 11:00am  AB Z-R.s  Tuition only  10:00 - 11:00am  AB Z-R.s	vho would like to t	10:00 - 11:00am  MK Th.S.I  naterial fee)  try the class b/f registering.
	CARDIO DANCE 9:00 - 10:00am PT Cardio-T.h  NEW! BEGINNING PILATES 10:00 - 11:00am GK Pilates-T.h  DANCE FOR PARKINSON'S 2:00 - 3:00	7:00 - 8:00pm  AB Z-W.s  ★ Tuition only   Tentangle® Info  Continuing students -  A single intro class is  Includes \$10 for material.	10:00 - 11:00am  AB Z-R.s  Tuition only  10:00 - 11:00am  AB Z-R.s	vho would like to t	10:00 - 11:00am  MK Th.S.I  naterial fee)  try the class b/f registering.
TRIBAL FUSION BELLY DANCE (T/A) 7:15 - 8:15	CARDIO DANCE 9:00 - 10:00am PT Cardio-T.h  NEW! BEGINNING PILATES 10:00 - 11:00am GK Pilates-T.h  DANCE FOR PARKINSON'S 2:00 - 3:00 Jan. 7 - March 11	7:00 - 8:00pm  AB Z-W.s  Tuition only  Tentangle® Info  Continuing students -  A single intro class is  Includes \$10 for material:  Tuition only - no drop-	10:00 - 11:00am  AB Z-R.s  Tuition only  10:00 - 11:00am  AB Z-R.s	vho would like to t	10:00 - 11:00am  MK Th.S.P  naterial fee)  try the class b/f registering.
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TRIBAL FUSION BELLY DANCE (T/A) 7:15 - 8:15	CARDIO DANCE 9:00 - 10:00am PT Cardio-T.h  NEW! BEGINNING PILATES 10:00 - 11:00am GK Pilates-T.h  DANCE FOR PARKINSON'S 2:00 - 3:00 Jan. 7 - March 11 April 1 - June 3 Contact us for info	7:00 - 8:00pm  AB Z-W.s  Tuition only  Tentangle® Info  Continuing students -  A single intro class is Includes \$10 for material.  Tuition only - no drop.  This class may be tak  THE BALLET  PRE-BALLET A/B (ages 5+) 3:00 - 3:45  PT PreAB-W.h	10:00 - 11:00am  AB Z-R.s  Tuition only  \$\blace\$ \$\ \pm\$ Tuition only  \$\ldot\$  \$\ \pm\$ \$120 / New students - \$130  available for \$25 for students w  s. (The fee will be deducted from  ins or make-ups  en on Zoom	vho would like to t	10:00 - 11:00am MK Th.S.M  Material fee)  try the class b/f registering. udent continues for the session  BALLET LEVEL 2-3  9:00 - 10:15am  HS B23-S
TRIBAL FUSION BELLY DANCE (T/A) 7:15 - 8:15	CARDIO DANCE 9:00 - 10:00am PT Cardio-T.h  NEW! BEGINNING PILATES 10:00 - 11:00am GK Pilates-T.h  DANCE FOR PARKINSON'S 2:00 - 3:00 Jan. 7 - March 11 April 1 - June 3 Contact us for info  PRE-BALLET C/D (ages 7+)	7:00 - 8:00pm  AB Z-W.s  Tuition only  Tentangle® Info  Continuing students -  A single intro class is Includes \$10 for material.  Tuition only - no drop.  This class may be tak  THE BALLET  PRE-BALLET A/B (ages 5+) 3:00 - 3:45  PT PreAB-W.h  BALLET LEVEL 1	10:00 - 11:00am  AB Z-R.s  Tuition only  \$\blace\$ \$\ \pm\$ Tuition only  \$\ldot\$  \$\ \pm\$ \$120 / New students - \$130  available for \$25 for students w  s. (The fee will be deducted from  ins or make-ups  en on Zoom	vho would like to t	10:00 - 11:00am MK Th.S.I  naterial fee) try the class b/f registering. udent continues for the session  BALLET LEVEL 2-3 9:00 - 10:15am HS B23-S  PRE-BALLET A/B (ages 5+)
TRIBAL FUSION BELLY DANCE (T/A) 7:15 - 8:15	CARDIO DANCE 9:00 - 10:00am PT Cardio-T.h  NEW! BEGINNING PILATES 10:00 - 11:00am GK Pilates-T.h  DANCE FOR PARKINSON'S 2:00 - 3:00 Jan. 7 - March 11 April 1 - June 3 Contact us for info  PRE-BALLET C/D (ages 7+) 4:00 - 4:45	7:00 - 8:00pm  AB Z-W.s  Tuition only  Tentangle® Info  Continuing students -  A single intro class is Includes \$10 for material:  Tuition only - no drop- This class may be tak  THIS CLASS MAY BE ALLET  PRE-BALLET A/B (ages 5+) 3:00 - 3:45 PT PreAB-W.h  BALLET LEVEL 1 3:45 - 4:45	10:00 - 11:00am  AB Z-R.s  Tuition only  \$\blace\$ \$\ \pm\$ Tuition only  \$\ldot\$  \$\ \pm\$ \$120 / New students - \$130  available for \$25 for students w  s. (The fee will be deducted from  ins or make-ups  en on Zoom	vho would like to t	BALLET LEVEL 2-3 9:00 - 10:15am HS B23-5 PRE-BALLET A/B (ages 5+) 9:00 - 9:45am
TRIBAL FUSION BELLY DANCE (T/A) 7:15 - 8:15	CARDIO DANCE 9:00 - 10:00am PT Cardio-T.h  NEW! BEGINNING PILATES 10:00 - 11:00am GK Pilates-T.h  DANCE FOR PARKINSON'S 2:00 - 3:00 Jan. 7 - March 11 April 1 - June 3 Contact us for info  PRE-BALLET C/D (ages 7+)	7:00 - 8:00pm  AB Z-W.s  Tuition only  Tentangle® Info  Continuing students -  A single intro class is  Includes \$10 for material:  Tuition only - no drop- This class may be tak  THIS CLASS MAY BE ALLET  PRE-BALLET A/B (ages 5+)  3:00 - 3:45  PT PreAB-W.h  BALLET LEVEL 1  3:45 - 4:45  PT B1-W.h	10:00 - 11:00am  AB Z-R.s  Tuition only   \$\blacktriangle 120 / New students - \$130  available for \$25 for students was. (The fee will be deducted from the component of the com	vho would like to t	BALLET LEVEL 2-3 9:00 - 10:15am HS B23-5 PRE-BALLET A/B (ages 5+) 9:00 - 9:45am PT PreAB-S
TRIBAL FUSION BELLY DANCE (T/A) 7:15 - 8:15	CARDIO DANCE 9:00 - 10:00am PT Cardio-T.h  NEW! BEGINNING PILATES 10:00 - 11:00am GK Pilates-T.h  DANCE FOR PARKINSON'S 2:00 - 3:00 Jan. 7 - March 11 April 1 - June 3 Contact us for info  PRE-BALLET C/D (ages 7+) 4:00 - 4:45	7:00 - 8:00pm  AB Z-W.s  Tuition only  Tentangle® Info  Continuing students -  A single intro class is Includes \$10 for material:  Tuition only - no drop- This class may be tak  THE BALLET  PRE-BALLET A/B (ages 5+) 3:00 - 3:45 PT PreAB-W.h  BALLET LEVEL 1 3:45 - 4:45 PT B1-W.h  BALLET LEVEL 2	10:00 - 11:00am  AB Z-R.s  Tuition only  Tuition only  10:00 / New students - \$130  A available for \$25 for students where so the students will be deducted from the solution of the students where the students where some some solution of the students where solutions or make-ups are non Zoom  BALLET CONDITIONING	vho would like to t	BALLET LEVEL 2-3 9:00 - 10:15am HS B23-5 PRE-BALLET A/B (ages 5+) 9:00 - 9:45am PT PreAB-5 PRE-BALLET C/D (ages 7+)
TRIBAL FUSION BELLY DANCE (T/A) 7:15 - 8:15	CARDIO DANCE 9:00 - 10:00am PT Cardio-T.h  NEW! BEGINNING PILATES 10:00 - 11:00am GK Pilates-T.h  DANCE FOR PARKINSON'S 2:00 - 3:00 Jan. 7 - March 11 April 1 - June 3 Contact us for info  PRE-BALLET C/D (ages 7+) 4:00 - 4:45	7:00 - 8:00pm  AB Z-W.s  Tuition only  Tentangle® Info  Continuing students -  A single intro class is Includes \$10 for materials  Tuition only - no drop- This class may be tak  THE BALLET  PRE-BALLET A/B (ages 5+) 3:00 - 3:45 PT PreAB-W.h  BALLET LEVEL 1 3:45 - 4:45 PT B1-W.h  BALLET LEVEL 2 4:30 - 5:30	10:00 - 11:00am  AB Z-R.s  Tuition only  Tuition only  \$\blace\$ \$\blace\$ \$\pm\$ Tuition only  \$\blace\$ \$\left\$ \$\pm\$ Students - \$130  available for \$25 for students where \$\left\$ so the fee will be deducted from the end of the end o	vho would like to t	BALLET LEVEL 2-3 9:00 - 10:15am HS B23-5 PRE-BALLET A/B (ages 5+) 9:00 - 9:45am PT PreAB-5 PRE-BALLET C/D (ages 7+ 9:45 - 10:30am
TRIBAL FUSION BELLY DANCE (T/A) 7:15 - 8:15 RH BD-M.h	CARDIO DANCE 9:00 - 10:00am PT Cardio-T.h  NEW! BEGINNING PILATES 10:00 - 11:00am GK Pilates-T.h  DANCE FOR PARKINSON'S 2:00 - 3:00 Jan. 7 - March 11 April 1 - June 3 Contact us for info  PRE-BALLET C/D (ages 7+) 4:00 - 4:45 PT PreCD-T.h	7:00 - 8:00pm  AB Z-W.s  Tuition only   Zentangle® Info  Continuing students -  A single intro class is  Includes \$10 for material:  Tuition only - no drop- This class may be tak  BALLET  PRE-BALLET A/B (ages 5+)  3:00 - 3:45  PT PreAB-W.h  BALLET LEVEL 1  3:45 - 4:45  PT B1-W.h  BALLET LEVEL 2  4:30 - 5:30  HS B2-W.h	10:00 - 11:00am  AB Z-R.s  Tuition only  Tuition only  \$\blace\$ \$\blace\$ \$\pm\$ Tuition only  \$\blace\$ \$\left\$ \$\pm\$ Students - \$130  available for \$25 for students where \$\left\$ so the fee will be deducted from the end of the end o	vho would like to t	BALLET LEVEL 2-3 9:00 - 10:15am HS B23-5 PRE-BALLET A/B (ages 5+) 9:00 - 9:45am PT PreAB-5 PRE-BALLET C/D (ages 7+ 9:45 - 10:30am PT PreCD-5
TRIBAL FUSION BELLY DANCE (T/A) 7:15 - 8:15	CARDIO DANCE 9:00 - 10:00am PT Cardio-T.h  NEW! BEGINNING PILATES 10:00 - 11:00am GK Pilates-T.h  DANCE FOR PARKINSON'S 2:00 - 3:00 Jan. 7 - March 11 April 1 - June 3 Contact us for info  PRE-BALLET C/D (ages 7+) 4:00 - 4:45	7:00 - 8:00pm  AB Z-W.s  Tuition only  Tentangle® Info  Continuing students -  A single intro class is Includes \$10 for materials  Tuition only - no drop- This class may be tak  THE BALLET  PRE-BALLET A/B (ages 5+) 3:00 - 3:45 PT PreAB-W.h  BALLET LEVEL 1 3:45 - 4:45 PT B1-W.h  BALLET LEVEL 2 4:30 - 5:30	10:00 - 11:00am  AB Z-R.s  Tuition only  Tuition only  \$\blace\$ \$\blace\$ \$\pm\$ Tuition only  \$\blace\$ \$\left\$ \$\pm\$ Students - \$130  available for \$25 for students where \$\left\$ so the fee will be deducted from the end of the end o	vho would like to t	BALLET LEVEL 2-3 9:00 - 10:15am HS B23-5 PRE-BALLET A/B (ages 5+) 9:00 - 9:45am PT PreAB-5 PRE-BALLET C/D (ages 7+ 9:45 - 10:30am
TRIBAL FUSION BELLY DANCE (T/A) 7:15 - 8:15 RH BD-M.h	CARDIO DANCE 9:00 - 10:00am PT Cardio-T.h  NEW! BEGINNING PILATES 10:00 - 11:00am GK Pilates-T.h  DANCE FOR PARKINSON'S 2:00 - 3:00 Jan. 7 - March 11 April 1 - June 3 Contact us for info  PRE-BALLET C/D (ages 7+) 4:00 - 4:45 PT PreCD-T.h  BALLET LEVEL 2-3 5:30 - 6:45	7:00 - 8:00pm  AB Z-W.s  ↓ Tuition only    Zentangle® Info  ↓ Continuing students -  ↓ A single intro class is  Includes \$10 for material:  ★ Tuition only - no drop-  ↑ This class may be tak   BALLET  PRE-BALLET A/B (ages 5+)  3:00 - 3:45  PT PreAB-W.h  BALLET LEVEL 1  3:45 - 4:45  PT B1-W.h  BALLET LEVEL 2  4:30 - 5:30  HS B2-W.h  BALLET LEVEL 4-5	10:00 - 11:00am  AB Z-R.s  Tuition only  Tuition only  \$\blace \text{\$\frac{1}{2}}\$ \$\f	vho would like to t	BALLET LEVEL 2-3 9:00 - 10:15am HS B23-S PRE-BALLET A/B (ages 5+) 9:00 - 9:45am PT PreAB-S PRE-BALLET C/D (ages 7+) 9:45 - 10:30am PT PreCD-S TEEN/ADULT BALLET 10:15 - 11:15am
TRIBAL FUSION BELLY DANCE (T/A) 7:15 - 8:15 RH BD-M.h  BALLET LEVEL 3-4-5 5:30 - 6:45	CARDIO DANCE 9:00 - 10:00am PT Cardio-T.h  NEW! BEGINNING PILATES 10:00 - 11:00am GK Pilates-T.h  DANCE FOR PARKINSON'S 2:00 - 3:00 Jan. 7 - March 11 April 1 - June 3 Contact us for info  PRE-BALLET C/D (ages 7+) 4:00 - 4:45 PT PreCD-T.h  BALLET LEVEL 2-3 5:30 - 6:45	7:00 - 8:00pm  AB Z-W.s  ★ Tuition only  Tentangle® Info  ◆ Continuing students -  ◆ A single intro class is Includes \$10 for material:  ★ Tuition only - no drop.  ◆ This class may be tak  Tuition only - no drop.  ◆ This class may be tak  ** BALLET  PRE-BALLET A/B (ages 5+) 3:00 - 3:45  PT PreAB-W.h  BALLET LEVEL 1 3:45 - 4:45  PT B1-W.h  BALLET LEVEL 2 4:30 - 5:30  HS B2-W.h  BALLET LEVEL 4-5 5:30 - 6:45	10:00 - 11:00am  AB Z-R.s  Tuition only  Tuition only  **Tuition only  **Suition only  **Tuition only  **Suition only  **Tuition only  **Suition only  **Suition only  **Tuition only  **Suition only  **Suiti	vho would like to t	BALLET LEVEL 2-3 9:00 - 10:15am HS B23-5 PRE-BALLET A/B (ages 5+) 9:00 - 9:45am PT PreAB-S PRE-BALLET C/D (ages 7+) 9:45 - 10:30am PT PreCD-S TEEN/ADULT BALLET 10:15 - 11:15am
TRIBAL FUSION BELLY DANCE (T/A) 7:15 - 8:15 RH BD-M.h  BALLET LEVEL 3-4-5 5:30 - 6:45 TH B45-M.p	CARDIO DANCE 9:00 - 10:00am PT Cardio-T.h  NEW! BEGINNING PILATES 10:00 - 11:00am GK Pilates-T.h  DANCE FOR PARKINSON'S 2:00 - 3:00 Jan. 7 - March 11 April 1 - June 3 Contact us for info  PRE-BALLET C/D (ages 7+) 4:00 - 4:45 PT PreCD-T.h  BALLET LEVEL 2-3 5:30 - 6:45 CDR B3-T.p T/A BALLET 6:45 - 7:45	7:00 - 8:00pm  AB Z-W.s  ★ Tuition only   Tentangle® Info  ◆ Continuing students -  ◆ A single intro class is Includes \$10 for material:  ★ Tuition only - no drop.  ◆ This class may be tak   ** BALLE**  PRE-BALLET A/B (ages 5+) 3:00 - 3:45  PT PreAB-W.h  BALLET LEVEL 1 3:45 - 4:45  PT B1-W.h  BALLET LEVEL 2 4:30 - 5:30  HS B2-W.h  BALLET LEVEL 4-5 5:30 - 6:45  TH B45-W.p	10:00 - 11:00am  AB Z-R.s  Tuition only  Tuition only  **Tuition only  **St20 / New students - \$130  available for \$25 for students with standard s	vho would like to t	BALLET LEVEL 2-3 9:00 - 10:15am HS B23-5 PRE-BALLET A/B (ages 5+) 9:00 - 9:45am PT PreAB-5 PRE-BALLET C/D (ages 7+) 9:45 - 10:30am PT PreCD-5 TEEN/ADULT BALLET 10:15 - 11:15am HS BT/A-S-

This is our schedule as of April 18, 2025. Please note that changes do occur. Please contact us for up to date info. Contact us for more info, to register for classes, or to set up a trial class: 530.756.3949 / office@trokanski.com

Wearing a face-mask is now optional, but we have a ZERO TOLERANCE ILLNESS POLICY.

Please do not come to the DW if you have any symptoms of illness, including coughing/sneezing, stuffy/runny nose, fever We are no longer offering a Zoom option (except for 2<sup>nd</sup> Wind, Dance for Parkinson's, & Zentangle®)

Please note that students must arrive on time for their class (which means 5-10 minutes early to accommodate checking-in and changing shoes, etc.). Students up to 10 minutes late get one warning. The next time, they will not be permitted into class.

Students taking single, trial, or make-up classes must schedule their classes with the office at least 3 hours before the start time of the class they wish to attend (this includes students using a Dance Card, make-ups, or paying for a single class).

- **★** These classes require a (tuition) commitment for the session
- \*\* These classes will begin when we have 3-4 students (contact us to get on the list)